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| EMAIL: | jrtucker@ binary.net |  |  |
| RECORD: | STAR 132 (My Foolish Heart) |  |  |
| FOOTWORK: | Opposite Unless Noted |  |  |
| PHASE: | RAL PHASE 2 + 2 (Whisk, Thru Chasse) |  |  |
| RHYTHM: | Waltz |  |  |
| SPEED: | 45-46 |  |  |
| SEQUENCE: | Intro, A, B, A, B, Ending | RELEASE DATE: June 2003 |  |

## Foolish Heart

INTRO

| MEAS |  |
| :---: | :---: |
| 1-4 | WT 1 MEAS (BFLY Wall); TWIRL VINE 3; STEP THRU \& CHASSE TO SCP; CKECK THRU, RECOVER, PICKUP; |
|  | 1 In BFLY Fcg Wall Wait 1 Measure; |
|  | 2 Frm BFLY Wall stp sd L, XRIB of L, sd L (Ladies twirl RF R,L,R) end BFLY fcg Wall; |
|  | Blnd to SCP stp thru R trn to fc ptr, sd L/cls R, side L (Ladies thru L trn to fc ptr, sd R/cls L to R, sd R) end SCP/LOD; |
|  | From SCP softly lng thru $R$ with bent knee (Ladies L), rec L (Ladies R), small stp bk $R$ trn shoulder to LOD causing Lady to stp between M's feet picking up to CP fcg LOD; |
|  | PART A |
| 1-4 | TWO LEFT TURNS; TWIRL VINE 3; THRU FACE CLOSE; |
|  | From CP/LOD fwd L trng LF, sd R cont LF trn, cls L to R to fac/Rev in CP; |
|  | Bk $R$ cont $L$ F trn, sd $L$ cont $L F$ trn, cls $R$ to end in BF fcg wall; |
|  | 3 Frm BFLY Wall stp sd L, XRIB of L, sd L (Ladies twirl RF R,L,R) end BFLY fcg Wall; |
|  | 4 Stp thru R, fwd L trn to fac ptr, cls R to L; |
| 5-8 | STEP POINT to the LINE: SPIN MANUEVER; TWO RIGHT TURNS to BFLY; |
|  | 5 Fwd L to LOD, pt LOD R, -; |
|  | 6 stp fwd R trn to CP/RLOD, sd L, cls R (W 1 free LF spn L,R,L); |
|  | $7 \quad \mathrm{Frm}$ CP/RLOD strt RF trn sd \& bk L, sd R, cls L; |
|  | Cont RF trn sd \& fwd R, sd L, cls R blnd to BFLY/Wall; |
| 9-12 | DRIFT APART; WALTZ TOGETHER TO A WOMAN'S TAMARA; WHEEL 1/2; UNWIND TO BFLY; |
|  | 9 Maintaining BF pos Drift away from ptr L, R, L; |
|  | 10 Waltz tog R, L, R releasing Man's R and Woman's L hand holds Woman placing L hand behind her back and Man re-establishing handhold with his $R$ behind Woman's back. Raise the joined Man's Left and Woman's $R$ to form a window to look at your ptr in Tamara pos; |
|  | 11 Maintaining Tamara pos waltz fwd L, R, L wheeling $1 / 2 \mathrm{RF}$ to Man fcg COH; |
|  | 12 Releasing top handholds Man waltz fwd R, L, R to fac wall while leading Woman into a LF spot trn ending in BFLY; |
| 13-16 | WALTZ AWAY AND TOGETHER; TWIRL VINE 3; PICKUP to SCAR in LH STAR; |
|  | 13 Stp L to OP/LOD trng slightly away from ptr, sd R to LOD/COH to slight bk to bk, cls L; |
|  | 14 Stp R to LOD trng to fac ptr, sd L, cls R end BF pos; |
|  | 15 Bk R cont LF trn, sd L cont LF trn, cls $R$ to end in BF fcg wall; |
|  | 16 Stp thru R twd LOD to OP pos, pickup W to SCAR fcg diag LOD/Wall on L, fwd R twd LOD/Wall in LH Star; |
|  | PART B |
| 1-4 | THREE PROGRESSIVE TWINKLES (changing hands); ${ }^{\text {a }}$ MAUVEVER; |
|  | Frm SCAR/LH Star fcg LOD/W stp fwd L XLIF of R trn $1 / 4$ LF, stp sd R twd LOD/W, cls L to R chg to RH star end BJO/COH; |
|  | 2 Frm BJO/RH Star fcg LOD/COH stp fwd R XRIF of L trn $1 / 4$ RF, stp sd L twd LOD/COH, cls R to L chg to LH star end SCAR/W; |
|  | 3 Frm SCAR/LH Star fcg LOD/W stp fwd L XLIF of R trn 1/4 LF, stp sd R twd LOD/W, cls L to R to end BJO fcg LOD; |
|  | 4 Frm BJO fcg LOD/COH stp fwd R (W stp bk L) bgn RF upper body trn, sd L cont RF trn to fc ptr end CP fcg RLOD, cls R to L end CP fcg RLOD; |


| 5-8 | PIVOT 3 to SCP; PICKUP SIDE CLOSE; STEP FORWARD AND POINT; BACK TURN to FACE the CENTER; |
| :---: | :---: |
|  | 5 From CP fcg RLOD stp bk L bgn RF body rotation trn approx 3/8, stp fwd $R$ twd LOD trn on ball of ft, stp fwd and sd L end SCP fcg LOD; |
|  | 6 Frm SCP fcg LOD stp fwd R, small fwd and sd L, cls R (Woman - fwd L picking up to CP/LOD, bk and sd R, cls L); |
|  | 7 Fwd L, tch R to L, -; |
|  | 8 Stp bk R trn 1/4 LF to fac COH , sd L, Cls R to L; |
| 9-12 | WHISK; UNWIND to BFLY; TWIRL VINE 3; LUNGE THRU RECOVER SIDE; |
|  | $9 \quad$ In CP M fcg COH/LOD stp fwd and slightly sd $L$ beginning LF trn, stp sd R twd LOD/COH rising to toes and cont LF trn to tight SCP, XLIB of R staying on toes ending in tight SCP/ RLOD and slightly twd wall; |
|  | 10 M transfers wt to R while W unwinds M in 3 steps (W's L, R, L) to end in BFLY fcg Wall; |
|  | 11 Frm BFLY Wall stp sd L, XRIB of L, sd L (Ladies twirl RF R,L,R) end BFLY fcg Wall; |
|  | 12 Frm BFLY/Wall Xlng thru R twd LOD with bent knee looking direction of lng, rec on L trng to fc ptr/Wall, stp sd R to BFLY; |
| 13-16 | THRU CHASSE to REV; LUNGE THRU REC SIDE; THRU CHASSE to SCP; CK THRU REC PICKUP; |
|  | 13 Bhd to RSCP stp thru L trn to fc ptr, sd R/cls L, side R (Ladies thru R trn to fc ptr, sd L/cls R to R, sd L) end BFLY; |
|  | 14 Frm BFLY/Wall Xlng thru L twd RLOD with bent knee looking direction of lng, rec on R trng to fc ptr/Wall, stp sd L to BFLY; |
|  | 15 Blnd to SCP stp thru R trn to fc ptr, sd L/cls R, side L (Ladies thru L trn to fc ptr, sd R/cls L to R, sd R) end SCP/LOD; |
|  | 16 From SCP softly lng thru $R$ with bent knee (Ladies L), rec L (Ladies R), small stp bk $R$ trn shoulder to LOD causing Lady to stp between M's feet picking up to CP fcg LOD; |
|  | PART A |
| 1-4 | TWO LEFT TURNS;: TWIRL VINE 3; THRU FACE CLOSE; |
|  | 1 From CP/LOD fwd L trng LF, sd $R$ cont $L F$ trn, cls $L$ to $R$ to fac/Rev in CP; |
|  | $2 \quad \mathrm{Bk} R$ cont $L F$ trn, sd L cont LF trn, cls R to end in BF fcg wall; |
|  | 3 Frm BFLY Wall stp sd L, XRIB of L, sd L (Ladies twirl RF R,L,R) end BFLY fcg Wall; |
|  | 4 Stp thru R, fwd L trn to fac ptr, cls R to L; |
| 5-8 | STEP POINT to the LINE; SPIN MANUEVER; TWO RIGHT TURNS to BFLY; |
|  | 5 Fwd L to LOD, pt LOD R, -; |
|  | 6 Stp fwd R trn to CP/RLOD, sd L, cls R (W 1 free LF spn L,R,L); |
|  | $7 \quad$ Frm CP/RLOD strt RF trn sd \& bk L, sd R, cls L; |
|  | 8 Cont RF trn sd \& fwd R, sd L, cls R blnd to BFLY/Wall; |
| 9-12 | DRIFT APART; WALTZ TOGETHER TO A WOMAN'S TAMARA; WHEEL 1/2; UNWIND TO BFLY; |
|  | 9 Maintaining BF pos Drift away from ptr L, R, L; |
|  | 10 Waltz tog R, L, R releasing Man's R and Woman's L hand holds Woman placing L hand behind her back and Man re-establishing handhold with his R behind Woman's back. Raise the joined Man's Left and Woman's R to form a window to look at your ptr in Tamara pos; |
|  | 11 Maintaining Tamara pos waltz fwd L, R, L wheeling 1/2 RF to Man fcg COH ; |
|  | 12 Releasing top handholds Man waltz fwd R, L, R to fac wall while leading Woman into a LF spot trn ending in BFLY; |
| 13-16 | WALTZ AWAY AND TOGETHER; |
|  | 13 Stp L to OP/LOD trng slightly away from ptr, sd R to LOD/COH to slight bk to bk, cls L; |
|  | 14 Stp R to LOD trng to fac ptr, sd L, cls R end BF pos; |
|  | 15 Bk R cont LF trn, sd L cont LF trn, cls R to end in BF fcg wall; |
|  | 16 Stp thru R twd LOD to OP pos, pickup W to SCAR fcg diag LOD/Wall on L, fwd R twd LOD/Wall; |
|  | PART B |
| 1-4 | THREE PROGRESSIVE TWINKLES (changing hands); $;$ M ${ }^{\text {MAUVEVER; }}$ |
|  | 1 Frm SCAR/LH Star fcg LOD/W stp fwd L XLIF of R trn 1/4 LF, stp sd R twd LOD/W, cls L to R chg to RH star end BJO/COH; |
|  | 2 Frm BJO/RH Star fcg LOD/COH stp fwd R XRIF of L trn 1/4 RF, stp sd L twd LOD/COH, cls R to L chg to LH star end SCAR/W; |
|  | 3 Frm SCAR/LH Star fcg LOD/W stp fwd L XLIF of R trn 1/4 LF, stp sd R twd LOD/W, cls L to R to end BJO fcg LOD; |
|  | 4 Frm BJO fcg LOD/COH stp fwd R (W stp bk L) bgn RF upper body trn, sd L cont RF trn to fc ptr end CP fcg RLOD, cls R to L end CP fcg RLOD; |

5 From CP fcg RLOD stp bk L bgn RF body rotation trn approx 3/8, stp fwd R twd LOD trn on ball of ft, stp fwd and sd L end SCP fcg LOD;
6 Frm SCP fcg LOD stp fwd R, small fwd and sd L, cls R (Woman - fwd L picking up to CP/LOD, bk and sd R, cls L);
7 Fwd L, tch R to L, -;
8 Stp bk R trn 1/4 LF to fac COH , sd L , Cls R to L ;
9-12 WHISK; UNWIND to BFLY: TWIRL VINE 3; LUNGE THRU RECOVER SIDE;
9 In CP M fcg COH/LOD stp fwd and slightly sd L beginning LF trn, stp sd R twd LOD/COH rising to toes and cont LF trn to tight SCP, XLIB of R staying on toes ending in tight SCP/ RLOD and slightly twd wall;
10 M transfers wt to R while W unwinds M in 3 steps (W's L, R, L) to end in BFLY fcg Wall;
11 Frm BFLY Wall stp sd L, XRIB of L, sd L (Ladies twirl RF R,L,R) end BFLY fcg Wall;
12 Frm BFLY/Wall Xlng thru R twd LOD with bent knee looking direction of lng, rec on L trng to fc ptr/Wall, stp sd R to BFLY;

13-16 THRU CHASSE to REV; LUNGE THRU REC SIDE; THRU CHASSE to SCP; CK THRU REC PICKUP;
13 Bhd to RSCP stp thru L trn to fc ptr, sd R/cls L, side R (Ladies thru R trn to fc ptr, sd L/cls R to R, sd L) end BFLY;
14 Frm BFLY/Wall Xlng thru L twd RLOD with bent knee looking direction of lng, rec on R trng to fc ptr/Wall, stp sd L to BFLY;
15 Blnd to SCP stp thru $R$ trn to fc ptr, sd L/cls R, side L (Ladies thru L trn to fc ptr, sd R/cls L to R, sd R) end SCP/LOD;
16 From SCP softly lng thru R with bent knee (Ladies L), rec L (Ladies R ), small stp bk R trn shoulder to LOD causing Lady to stp between M's feet picking up to CP fcg LOD;

## TAG

STEP BACK LADIES TURN TO LEFT 1/2 OPEN AND EXTEND;
1 Softly step bk L, Sd R, Xtend Right arm out and up trng upper body twd and looking at Ptr (Ladies fwd R trng LF $1 / 2$ to Left 1/2 Open fcg LOD, sd L, Extnd Left arm out and up trng body twd and looking at Ptr);

