Nov-Dec 2025 Volume 74, Issue 6

The Roundup

President's Letter

The State dance has successfully come and gone. Through the weekend, I heard many compliments regarding Curt, Carolyn, and the delicious pies. It was exciting to see people I have not seen since last year and I was lucky to meet several couples who traveled from out of State to dance with us. This weekend brings a great amount of joy and fellowship to those who participated. From the opening flag ceremony to the closing campfire, it was obvious that this weekend means so much more than just dancing.

The weekend was a truly humbling experience. To those that helped, I truly appreciate everything, from the assistance, to the guidance, to just pointing me in the right direction. This entire process was new to me and I had no clue at all what was needed. I have learned, and documented, so in the future when someone asks how they can help, there will be guidance. This will be especially important next year when we are in York for the 2026 dance. This will be a new location for everyone and we will need to work together to make it successful.

Looking ahead, 2027 not only has us back in Hastings, but with some help from Hastings themselves. The Adams County Convention & Visitors Bureau offers grants to those groups that bring out of town people to Hastings. As we are not only bringing out of town people, we are bringing out of State people as well. Because of this, we have the opportunity to apply for grants that will help pay for some of our costs. I do not know what we will qualify for, but I have already reached out to them to get a jump start even though we can not officially apply for another year. Our hope is to get enough to cover the costs of the building rental.

Along with planning the State Dance, we have some other plans in the works that I'm hoping to share come the new year.

Until then, please feel free to continue to reach out to me and share your ideas or concerns.

Adam Ward Nebraska Square and Round Dance President





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Nebraska State Square & Round Dance Association Officers

Elected Officers

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Treasurer Co-chair

Ron Palik P.O. Box 464 York, NE 68467 Phone: 402.363.2692 karenpalik@hotmail.com

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Central Federation Representative

Nellie Anderson Nellie purvis@gmail.com

STATE WEEKEND CHAIRMEN

2026 All Federations Chair: Adam Ward

2027 All Federations

Chair:

2028 All Federations

Chair:

2025 All Federations State Meeting

The next meeting of the State General Membership board will be set and announced for the officers.

When Federation or State Representative Officers change PLEASE provide the Roundup Editor with their names, address, phone, and email address so I can keep the information current.



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Darwin Barker – Jean

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Lanny Weaklend - Carol

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2024 - 2025 Officers

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Vice President
Amy & Kenard Swift

Secretary
Sue & Jim Dellere

Treasurer

Lanny & Carol Weaklend

State Representative

Darwin & Jean Barker

Northeast Federation

Northeast Federation State Rep Report

October 12, 2025 A very fun Northeast Federation Fall Dance was called by Bryan Bush at the Randolph City Auditorium, Randolph NE. Major entertainment with dancing to some cool songs in conjunction with Bryan's charisma and a fun/competitive homemade pie auction between tips. Auctioneering was our own Randy Gubbels assisted by Dan Svitak who displayed the pies and worked the crowd. The afternoon concluded with an excellent meal featuring sloppy jo, salads and desserts.







Registration table.

Bryan Bush calling.

Pie table.

Looking forward to the next Northeast Federation sponsored dance next spring. The first Friday after Easter, April 10, 2026 to be exact. Caller will be Tony Lund of Sioux Falls and occur in Hadar, NE. Mark your calendar and watch for details.

Lessons under the tutelage of Jerry Junck have gone well with everyone having a good time. Last night of lessons is Oct. 27, 2025 which is the graduation dance.

To be held at Westridge United Methodist Church in Norfolk, 7:00-9:00 pm 'Tis exciting to see new dancers around the square.

Looking forward to the upcoming holiday season and associated celebrations, plus special dances too. Just in case, remember Veterans Day Nov. 11. Hope to see you around a square soon!

<u>Town Twirlers - Randolph</u>

All dances are 2:00 - 4:00 p.m. at the Randolph City Auditorium.

Lyle Waterhouse is calling on Nov. 2. Then on Nov. 16 Jesse Millspaugh comes north from Lincoln to call in celebration of Warren & Dottie Westrom's 55th wedding anniversary. On Dec.7th, Bryan Bush returns west to do the calling. All dates promise to be extra fun!

Single Wheelers - Norfolk

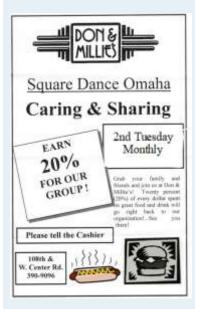
All dances are 7:00-9:00 p.m. at Westridge United Methodist Church, 2000 West Norfolk Ave, Norfolk, NE. Since there is no election scheduled in Norfolk at least, Nov. 4th has Kenard Swift coming west to call the steps. On Nov. 18 Mike Hogan will once again entertain the floor (and dancers) Then on Dec.2nd Tony Lund from South Dakota will be the caller. Lyle Waterhouse will finish out the year on Dec. 16th with our annual Christmas goodie & baked potato bar.

Had great time at the Nebraska State Dance in September. Fun to see and visit with dancing friends from afar. Remember the social aspects of square dancing are as important as the fun dancing itself. Creating lifelong friendships is another positive of square dancing that is often overlooked.

Rick & Mary Christensen Northeastern State Representative



Square Dance Omaha Fundraiser



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Michael A. Cain VOYA
Investment Advisor
14301 FNB Parkway, Suite 213
Omaha, NE 68154
Phone 402.445.2046
Fax 402.445.0947



Southeast Federation

Southeast Federation State Rep Report

We hope you have had fun dancing this fall and that you are ready to continue dancing as we move into the holiday season.

York Shirts and Skirts will have their Turkey Trot dance on November 1, with Ken Marks calling. Come dance with them and maybe win a turkey as well! Lyle Waterhouse is calling on November 15. Ken will be calling again on Dec. 6, for the Christmas Party Hop. Come at 7 PM for Plus dancing. Mainstream dancing will follow at 7:30. These dances are at the York Senior Center, 725 N. Nebraska Ave., in York, Nebraska.

Shirts and Skirts is planning to have lessons this fall; look at the state website https://www.squaredancene.org/ for updated information. Ken Marks will be the instructor.

The Lincoln Live Lively club will continue to dance on the second Sunday afternoons of each month, from 2:00—4:00 PM, with Lyle Waterhouse calling. There is a new location for these dances. They will be at the New Visions United Methodist Church at 1610 S. 11th St., in Lincoln. Dances are in the basement but there is an elevator if needed. We will have a dance on November 9 and one on December 14.

Lessons have begun at the same location, on Thursdays, from 7:00-9:00 PM. They will last for 10 weeks, through December 18; Lyle will be the instructor. We would love to have you come angel if you have time and would like to help out.

Star City Squares, launched this September with Jesse Millspaugh as club caller. The club dances at Ironhide Construction, located at 3301 S 7th St, Lincoln, NE 68502, offering Mainstream dancing from 6:30–8:30 p.m. and PLUS dancing from 8:30–9:30 p.m. on the 2nd and 4th Mondays. Upcoming dance dates include November 10 and 24, and December 8 and 22. Lessons began in early September, and two enthusiastic lessoners are on track to graduate at the end of November. To celebrate, the club will host a Graduation Dance on November 24, featuring an all-callers format—a lively evening where multiple callers take turns at the mic to provide a fun night of variety. Star City Squares has had a fantastic start, even hosting guests from Alabama who enjoyed the warm fellowship and spirited dancing. Come join the fun and be part of the growing energy in Lincoln!

We have a Facebook page!! Check out Southeast Federation Square Dance on Facebook to see some of what the York and Lincoln clubs have been up to. Follow us to keep up on our current events and happenings.

And remember: Square Dancing is Fun! Share that message with all your friends and family.

Roger Hansen and Janet Buck Southeastern State Representative

Central Federation

Central Federation State Rep Report

Currently there are no dances scheduled. Stay tuned to the website for when dancing resumes.







Eastern Federation

Eastern Federation State Rep Report

It's my understanding that 125 dancers had a great time at our State Weekend. Due to a scheduling conflict, we will be dancing in York next September.

Amazing 8's have Lanny Weaklend calling and Mike Schrant cueing on November 8th. The annual club "Turkey Trot" will take place on November 22nd, hosted by Lanny and Ron Stairs. Darwin Barker has the microphone on December 6th, with Amy Swift cueing. The "Christmas Dance," featuring Mike Hogan as caller and Mike Schrant cueing, will take place on December 20th. Please make note of their new dance time from 7:30 p.m. to 10:00 p.m.

<u>Belles N' Beaus</u> has Mike Hogan on November 14th with Mike Schrant. This dance will be at Rockbrook Church. We will return to Holy Cross Church on November 28th with Darwin Barker and Ron Stairs. Lanny Weaklend will be calling the December 12th dance with Ron Stairs cueing the rounds. We are canceling the December 26th dance so everyone can enjoy the holiday with family.

<u>The Crossfire Plus Club</u> features Lanny Weaklend, who calls and cues the dances, except on special occasions. The club will dance on November 4th & 18th. The December dances are 2nd, 16th, & 30th.

<u>Heartland Singles</u> have Lanny Weaklend calling and cueing their November 11th event. Lyle Waterhouse has the mike on November 25th with Ron Stairs. Lanny Weaklend returns for calling and cueing the December 9th dance. Kenard Swift calls their December 23rd dance, and Amy Swift will cue.

Loess Hills Squares will be hosting Connie Graham's dance on November 1st. Wayne Lorenzen will be the caller for the November 15th dance. There will NO dance on November 29th. We hope everyone enjoyed Thanksgiving. On December 13th, Kenard Swift will call, and all callers in attendance will call on December 27th for their Pre New Year's Eve dance. Amy Swift will be their round dance cuer for all the dances.

River City Squares' "Grab Your Deer" is their theme for the November 7th dance with Lynn Nelson calling and Amy Swift cueing. Barry & Carla Peck will be calling and cueing the "Peck of Apples" dance on November 21st. Kenard and Amy Swift call and cue the "Root Beer Floats dance on December 5th. Put on your "Ugly Sweater" for the December 19th dance with Wayne Lorenzen and Mike Schrant. Remember, they have a new dance location and dance time, Faith Presbyterian Church, at 8100 Giles Road in La Vista from 7:30 p.m. to 10:00 p.m.

Tom & Jan Robbins
Eastern State Representative







Featured Caller & Cuer: Curt Braffet Carolyn & Tony Ahart



Colorguard: Tyler, Ranae & James Ward Children of Adam and Shannon Ward, President of the Nebraska State Square & Round Dance Association.



Square dancers on Friday night.





Square dancers Saturday morning workshop.



Round dancers Saturday morning teach.



Square dancers Saturday morning dancing in the local callers hall.



Round dancers Saturday afternoon teach.



Square dancers Saturday afternoon session.



Square dancers Saturday afternoon dancing in the local callers hall.



Round dancers Saturday night.

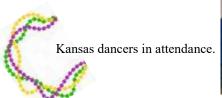


Colorado inviting everyone to the Colorado State Convention





Exchange of the Nebraska and Kansas banners.







Square dancers Saturday night.

NOVEMBER 2025

Club
Theme
Caller
Cuer
Other info

SUN	MON	TUE	\mathbf{W}	ED T	HU	FRI	SAT
		Heartland Singles Lanny Weaklend Lanny Weaklend					1 Loess Hills Sqrs Connie Graham Amy Swift
2	3	4 Crossfire Squares Lanny Weaklend Lanny Weaklend	5	6		7 River City Sqrs Grab your DEER Lynn Nelson Amy Swift	8 Amazing 8s Go Bananas Lanny Weaklend Mike Schrant
9	10	11 Heartland Singles Lanny Weaklend Lanny Weaklend	12	13		14 Belles 'N' Beaus Mike Hogan Mike Schrant	15 Loess Hills Sqrs Wayne Lorenzen Amy Swift
16	17	18 Crossfire Squares Lanny Weaklend Lanny Weaklend	19	20		21 River City Sqrs Peck of Apples Berry Peck Carla Peck	22 Amazing 8s Turkey Trot Lanny Weaklend Ron Stairs
23	24	25 Heartland Singles Lyle Waterhouse Ron Stairs	26	27	Happy Iksgiving	28 Belles 'N' Beaus Darwin Barker Ron Stairs	29 Loess Hills Sqrs
Amazing 8's 7:30pm –10:00pm Rockbrook Methodist Church 9855 W Center Ro	Holy Cross Lutheran Chur	7:30pm -10 Rockbrook rch Methodist (:00pm Church	Heartland Singl 7:30pm -10:00pr Rockbrook Methodist Churc 9855 W Center F Omaha	n 7:00p The F sh 116 S	om –9:30pm Parlor S 1st St ouri Valley	River City Squares 7:30pm -10:00pm Faith Presbyterian Church 8100 Giles Rd LaVista

DECEMBER 2025

Club
Theme
Caller
Cuer

SUN		MON	r	TUE	\mathbf{W}	ED	THU	U	FRI	SAT
	1		Lann	sfire Squares y Weaklend y Weaklend	3		4		5 River City Sqrs Root Beer Float Kenard Swift Amy Swift	6 Amazing 8s Applejack Darwin Barket Amy Swift
7	8		Lann	tland Singles y Weaklend y Weaklend	10		11		12 Belles 'N' Beaus Lanny Weaklen Ron Stairs	Î
14	1	5	Lann	sfire Squares y Weaklend y Weaklend	17		18		19 River City Sqrs Ugly Sweater Wayne Lorenzer Mike Schrant	20 Amazing 8s Christmas Dance Mike Hogan Mike Schrant
21	2	2	Kena	tland Singles ard Swift Swift	24		25 Christi	nas	26 Belles 'N' Beaus NO DANCE	27 Loess Hills Sqrs Pre New Years Ev Dance All Callers All Cuers
28	2	9	Lann	sfire Squares y Weaklend y Weaklend	31 NEW YE	AR'S EVE				
Amazing 8's 7:30pm –10:00p Rockbrook Methodist Church 9855 W Center Omaha	ch	Belles 'N' Bea 8:00pm -10:30 Holy Cross Lutheran Chur 4117 Terrace I Omaha	pm ch	Crossfire S 7:30pm -10 Rockbrook Methodist C 9855 W Cer Omaha	:00pm Church	7:30pm Rockbro Methodi	nd Singles -10:00pm ook st Church Center Rd	7:00p The I 116 S	s Hills Squares om –9:30pm Parlor S 1st St ouri Valley	River City Square 7:30pm -10:00pm Faith Presbyterian Church 8100 Giles Rd LaVista

NOVEMBER 2025

Club
Theme
Caller
Cuer
Other info

SUN	MON	TUE	WED	THU	FR	I SAT
						1 York Shirts & Skirts Turkey Trot Ken Marks
2 Town Twirlers Lyle Waterhouse	3	4 Single Wheelers Kenard Swift	5	6	7	8
9 Lincoln Live Lively Lyle Waterhouse	10 Star City Squares Jesse Millspaugh	11	12	13	14	15 York Shirts & Skirts Lyle Waterhouse
16 Town Twirlers Westrom Anniv Dance Jesse Millspaugh	17	18 Single Wheelers Mike Hogan	19	20	21	22
23	24 Star City Squares Graduation All Callers	25	26	27	28	29
York Shirts & 7:00pm-7:30pm Plus 7:30pm -9:30pm Main Stream Senior Center 725 Nebraska A York, NE	n 2:00pm— New Vis n 1610 S 1 Lincoln,	4:00pm ions Church 1th St.	Star City Squares 5:30pm—8:30pm MS 3:30pm—9:30pm Plu Ironhide Construction 3301 S 7th St. Lincoln, NE	s *Westridge	00pm e United Church orfolk Ave E Barn	Town Twirlers 2:00pm-4:00pm City Auditorium 119 N Main St. Randolph, NE

DECEMBER 2025

Club
Theme
Caller
Cuer
Other info

SUN	MON	TUE	WED	THU	FR	SAT
	1	2 Single Wheelers Tony Lund	3	4	5	6 York Shirts & Skirts Christmas Party Hop Ken Marks
7 Town Twirlers Bryan Bush	8 Star City Squares Jesse Millspaugh	9	10	11	12	13
14 Lincoln Live Lively Lyle Waterhouse	15	16 Single Wheelers Lyle Waterhouse	17	18	19	20 York Shirts & Skirts Lanny Weaklend
21	22 Star City Squares Jesse Millspaugh	23	24	25	26	27
28	29	30	31 Years			
York Shirts & S 7:00pm-7:30pm Plus 7:30pm -9:30pm Main Stream Senior Center 725 Nebraska Av York, NE	2:00pm— New Visio 1610 S 111 Lincoln, N	4:00pm 6:: 9ns Church 8:: 1th St. Irc 1E 33	ar City Squares 30pm—8:30pm MS 30pm—9:30pm Plus onhide Construction 01 S 7th St. ncoln, NE	Single Whee 7:00pm -9:00 *Westridge V Methodist C 2000 W Nor Norfolk, NE **Pufahl's E Norfolk, NE	Opm United hurch folk Ave	Town Twirlers 2:00pm–4:00pm City Auditorium 119 N Main St. Randolph, NE

2026 Special Dance Schedule

OMAHA CALLERS/CUERS ASSOCIATION SWEETHEART DANCE

2/21/26 2:00 p.m. All Caller All Cuers

NORTHEAST FEDERATION SPRING DANCE

4/10/26 7:00 p.m. Tony Lund

RIVER CITY SQUARES REGATTA

4/24/26 7:30 p.m. Bryan Bush Amy Swift

SUMMER WEEKEND GET-A-WAY - Johnson, Nebraska

7/17/26 8:00 p.m. Mike Hogan & Lanny Weaklend 7/18/26 8:00 p.m. Mike Hogan & Lanny Weaklend

EASTERN FEDERATION FALL KICK OFF

8/16/26 2:00 p.m. All Callers All Cuers

NEBRASKA STATE SQUARE & ROUND DANCE WEEKEND

@ York County Fairgrounds—York, NE

9/18/267:30 p.m.Tom ManningMitchell & Chelsea Thompson9/19/269:00 a.m.Tom ManningMitchell & Chelsea Thompson



55th Annual Nebraska State Square and Round Dance Weekend September 18-19, 2026

York County Fairgrounds, York, Nebraska

THEME



MASQUERADE BALL

FEATURED CALLER



TOM MANNING, IOWA

FEATURED CUER



MITCHELL & CHELSEA THOMPSON FIRESTONE, COLORADO

Find hotel accommodations at:

www.squaredancene.org/convention/lodging.php

CAMPING: York County Fairgrounds

http://www.yorkcountyfair.com/campsites/

Event Starting Times

Friday Evening 7:30 pm Saturday Morning 9:30 am Saturday Afternoon 1:00 pm Saturday Evening 7:30 pm

REGISTRATION Deadline for advanced registration and refund is September 1, 2026 (Please print clearly) Questions? Gale Barnhill: 402-745-0375 or mc_barn@yahoo.com

Suggested donation - per person

	Advanced	Door
All Events	\$40.00	\$45.00
Friday evening	16.00	18.00
All Saturday	25.00	30.00
Saturday evening	16.00	18.00
Youth (under 16)	½ price	½ price

Make checks payable to: 2026 NSSRD

Mail to: 55th Nebraska State Dance

PO Box 333

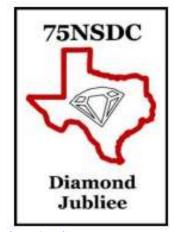
Saturday evening Youth (under 16)	16.00 ½ price	18.00 ½ price	McCool Junction, NE 68401
\$ Total E	nclosed		
LAST NAME			HIS FIRST
ADDRESS			HER FIRST
CITY, STATE, ZIP			YOUTH(S)
PHONE		12	EMAIL
FEDERATION: Central	☐ Eastern ☐	Northeast 🔲 Sou	theast (state)

CALLERS & CUERS	WISHING TO PERFOR	M MUST COMPLETE & SEND PAY	MENT BY JULY 1, 2025
Caller	Cuer	Available	
☐ Mainstream ☐ Plus	Level:	☐ Saturday morning	☐ Saturday afternoon
BMI/ASCAP licensed through	9-50-9/60/7-17/5	(ple	ease enclose copy of license)

UPCOMING NATIONAL SQUARE DANCE CONVENTIONS®

Each of the upcoming conventions has Registration Forms providing you an opportunity to <u>express your support</u> and interest in attending their future National Square Dance Convention[®]. Simply <u>click the link below</u> to access their Registration Form. These forms can be downloaded, printed, saved, sent, and otherwise processed.

Thank you for supporting ALL the National Conventions!



75th National Square Dance Convention





77th National Square Dance Convention





In Remembrance...

In Loving Memory of our Loved Ones

Dale F. Muehlmeier July 4,1954—September 19, 2025

Dale Frederick Muehlmeier attended District 60 school until it closed and then went to Winside Public School where he graduated in 1972. Dale attended Northeast Technical Community College graduating with an Associate of Arts degree. While going to Northeast, Dale worked at the Roll-N-Wheel truck stop as a pump jockey. There he met the love of his



life - Susann Schutt - who was a waitress at the café. Dale knew from the first time he saw her that she would become Mrs. Muehlmeier. From there they both attended Northeast and worked at J.C. Penney's. Dale worked for the State of Nebraska Dept. of Roads for a short time doing highway maintenance.

Finally getting accepted to work for Nucor Steel where he stayed until 1989. He decided to change careers and joined IBP in Madison as a maintenance technician. Retiring in 2019, he started working part-time as a delivery driver for Sherwin Williams. Dale was an avid blood donor with more than 22 gallons donated. He also was a Square Dance caller and instructor for 30 years. During that time, with the help of many friends, Dale set a world record for calling the longest square dance. He is in the Guinness Book of World Records 2002 edition. Dale also was a member of the Norfolk Community Theatre for 2 years, then decided he was too old to remember all those lines. Dale was a Skywarn Tornado Spotter for 40 years. Dale loved to sing along with any song on the radio and seemed to always know the tunes, singing the National Anthem at the Relay for Life fund raiser. Dale's favorite pastimes included going to car shows, flower gardening, horseback riding, watching his grandkids play ball, having fun riding the go-carts (he always seemed to have one for them to ride), going to the grandkids concerts to see them perform, and many road trips with Susann to quilt stores all over the country so she could find that one piece of material needed to finish one of her many quilts. His most favorite times spent was just quiet time with Susann staying home relaxing watching any old western on TV. Dale loved to collect any old west artifacts to add to the family room and sun room. Dale was an avid John Wayne and Gunsmoke fan.

Dale married Susann June 21, 1975 at St. Mary's Catholic Church in Norfolk NE and just celebrated their 50th wedding anniversary this past June. There were 4 children born to this union. Dale served on the School Board of Norfolk Catholic High, square danced for 50 years where he belonged to the Dudes and Darlings and 49ers Dance Clubs. He enjoyed calling square dances all over northeast Nebraska and through those dances helped raise money for Relay for Life with his square dance friends.

Survivors include wife Susann; daughters Amy (Jason) Bell of Columbus; Sara (Travis) Allen of Louisburg, Kansas; Lisa (Derek) Gregory of Lincoln; and a son Eric (Marla) Muehlmeier of Norfolk. He is survived by 10 grandchildren, Tadan, Jarrett, and Easton Bell, Sophia and Kaylee Allen, Pyper and Trey Gregory, Kenly and Harper Muehlmeier and Jaiden Keyser as well as a brother Terry Muehlmeier of Norfolk, and sisters Sheryl (Ron) Doring of Wayne, and Sandi DeWitt of Colorado, sisters-in-law Louise Logston of Polk; Darlene Watson of Austin, Texas, Rogene Hoff of Norfolk, Jeanette Lilavois of Fort Worth, Texas, brother-in-law Kevin (Lisa) Schutt of Arlington, and many nieces and nephews.

He was preceded in death by his parents Ernest and Helen Muehlmeier, grandson Jaxon Dale Muehlmeier, father and mother-in-law Alfred and Ileen Schutt, sister-in-law Dee Muehlmeier, and brothers-in-law Charles Logston,

God has them in his hands . . . We have them in our hearts. They will always be remembered!

What's Cooking

SLOW COOKER INDIAN BUTTER CHICKEN

Prep: 20 minutes Cook time: 5 hours

Slow Cooker Indian butter chicken made with spices you already have in your cabinet with all the creamy deep flavors you'd expect from a restaurant

Ingredients

1 cup plain yogurt
 2 teaspoons ground cumin
 1 tablespoon lemon juice
 1 teaspoon ground cinnamon
 3/4 teaspoons black pepper

• 1 teaspoon ground ginger 1 teaspoon salt

• 3 boneless skinless chicken breasts cut into 1 inch cubes (keep whole until directed to cut up)

Sauce:

1 tablespoon butter
1 jalapeno pepper, finely chopped
2 teaspoons paprika
1 8 oz can tomato sauce
2 tablespoons corn starch
1 clove garlic, minced
2 teaspoons ground cumin
1 teaspoon salt (or to taste)
1 cup heavy cream
1 tablespoon water

• 1/4 cup fresh chopped cilantro

Directions:

- In a large ziploc bag the night before cooking, add the yogurt, lemon juice, cumin, cinnamon, cayenne, black pepper, ginger, salt, and whole chicken breasts.
- Zip the bag closed and work the mixture into the chicken until all incorporated. Refrigerate overnight.
- Scrape off a majority of the marinade that is on the chicken and discard it. You'll have plenty of the second sauce to keep the food moist and provide enough sauce
- Cut the chicken into 1-2 inch cubes
- When you're ready to cook the chicken, add the butter, garlic, and jalapeno to the bottom
 of the slow cooker. Place the chicken on next.
- In a small bowl, add the 2 teaspoons cumin, 2 teaspoons paprika, 1 teaspoon salt, tomato sauce, and heavy cream. Stir to combine.
- Pour the sauce over the chicken, cover, and cook on low for 4-5 hours.
- Stir the cornstarch into the one tablespoon of water and add to the slow cooker and stir.
 You'll want to stir quickly as you pour since you're using more cornstarch then water and
 it will settle quickly.
- Cook an additional 20 minutes on high.
- Top with cilantro before serving.

Submitted by Adam Ward

OVERNIGHT RHODES CINNAMON ROLLS

Ingredients

- 1 pkg Rhodes frozen cinnamon rolls (12 ct)
- 1/2 c brown sugar
- 1/2 c white sugar
- 5 Tbsp butter or margarine
- 1/2 c vanilla ice cream

Directions

Put frozen cinnamon rolls in greased 9 x 13 pan.

Melt the margarine or butter and ice cream and add sugar. Boil for 1 minute. Pour mixture over rolls. Put pan in the cold oven over night.

In the morning, turn oven on to 350' for 25-30 minutes. (turn the oven on with the cinnamon rolls in the oven...do not remove while it is heating up) Spread the icing that came with the rolls all over the cinnamon rolls when they are done cooking and serve.

Submitted by Adam Ward



Nebraska State Square & Round Dance Association

The Nebraska State Square and Round Dance Association has as its purposes:

- To promote fun and fellowship through square dancing, round dancing, contra, and clogging.
- To coordinate dance activities of member clubs.
- To encourage and assist persons interested in forming new clubs, advise and assist member clubs with their problems, and sponsors' state wide activities, such as the annual state weekend.

On The Computer

Nebraska State Square and Round Dance Association squaredancene.org

Colorado State Square Dance Association coloradosquaredance.com

Colorado Round Dance Association crda.net

Iowa State Federation of Square and Round Dance Clubs iowasquaredance.net

Kansas Square Dance Association kansassquaredance.com

Square Dance Federation of Minnesota, INC squaredanceminnesota.com

Missouri Federation of Square & Round Dance Clubs squaredancemissouri.com

South Dakota Square Dance Association sdsquaredance.com

National Squares Online (NSDC)

National Square Dance Magazine

National Conventions 2026—75thnsdc.com 2027—76thnsdc.com 2028—77thnsdc.com



Note from the Editor

The dance season has started and it is good to see everyone on the dance floor. However, there are a few faces that we haven't seen yet and hope that you are just busy and we will see you soon.

Several sets of lessons are going and we look forward to welcoming all the new dancers as they graduate. Please make sure if you have new dancers in your square to welcome them to this wonderful activity and to the square dance family. Also, please make sure to help them when/if they are having trouble and encourage them to keep coming back to dances, that they just need floor time to improve. Don't forget, we have all been in their shoes and were helped and encouraged until we felt comfortable.

Sending prayers to everyone for a safe fall and winter. Merry Christmas to you all!!

Amy & Kenard Swift Roundup Editor

